

To join our video or audio interactive sessions
Send your name, number & email to 0860294901 or recovery.educatormrc@hse.ie

MAY 2020



Tuesdays 11am – 1	Thursdays 11am – 1	
<p>5th May Progressing your life, following your dreams 1 – DARING TO DREAM</p>	<p>7th May Relationships & Recovery</p>	
<p>12th May Progressing your life, following your dreams 2 – DISCOVERING YOUR INTERESTS</p>	<p>14th May Eating Disorders</p>	<p>15th May International Day of the Family (Nationwide events online)</p>
<p>19th May Progressing your life, following your dreams 3 – FURTHER EDUCATION</p>	<p>21st May Living with Psychosis/Schizophrenia</p>	
<p>26th May Progressing your life, following your dreams 4 – STEPPING STONES TO WORK</p>	<p>28th May Hearing Voices</p>	